

# **DIY Mask Community Partnership**

**Thank you, South Plains seamstresses  
and seamsters!**

## Why are we making this type of mask?

- The pattern for Covenant Health face masks includes a slot where a filter can be inserted to help its effectiveness.
- We are asking that our community seamstresses and seamsters use this specific pattern, as it has been approved by our Infection Prevention professionals.

# Materials List

- There are **two** patterns: a **large size (man)** and a **medium size (woman)**
- 2 yards of 44” wide fabric will make approx. 15 large masks or 18 medium masks.
- Each mask is made up of an outer layer and inner layer (4 pieces of fabric), and four 18” ties (can use bias tape if the edges are sewn down.)
- For the outer layer, a heavy tightly-woven 100% cotton material is suggested (like cotton duck cloth); however, any tightly-woven, durable 100% cotton fabric will work.
- For the inner layer, any tightly-woven 100% cotton fabric will work.
- **All fabric used must be 100% cotton, pre-washed and pre-shrunk.**

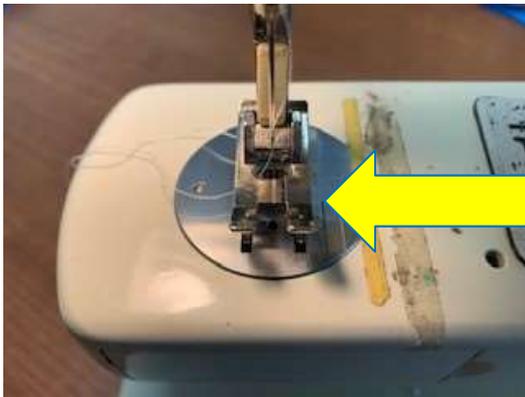
## The Pattern

- Website: [www.craftpassion.com](http://www.craftpassion.com)
  - Go to the link for *“Pocket Face Mask Sewing Pattern with Seam Allowance Included”* to **obtain the pattern**
  - Select *“MAN Pocket Face Mask Pattern”* for the large face masks, and select *“TEENAGER/WOMAN Pocket Face Mask Pattern”* for the medium face masks

***Then follow instructions included below***

# Stitching

- Sew all seams with a 3/8" seam allowance, which is typically the outside edge of the sewing machine foot.



- Topstitching should be very close to the outer edge of the mask to help it hold its shape.

## Assembling outer layer and inner layer

- Sew the two pieces of lining together on the large curved side of the pieces, **right sides of fabric inside**. Repeat for the two pieces of the outer layer (main).
- It helps the finish of the face mask if you press each seam after sewing it, and if you snip into the seam allowance to help the fabric lay smooth when the mask is finished.



## Assembly

- Before you sew the outer (main) and inner (lining) layers together at the top and bottom, finish the side edges of the inner layer:

Fold the fabric over  $\frac{1}{4}$ ", then fold over  $\frac{1}{4}$ " again.

Topstitch near the edge of the fold. (These edges are where the filter will slide in.)

- Then, pin the outer and inner layers together, **right sides of fabric inside**, and stitch the top and bottom of the inner layer to the outer layer.



## Assembly

- Turn the face mask inside out; the right sides of the fabric are now showing.
- Fold the edges of the outer layer even with the top and bottom edges of the mask.
- Then, fold the side edges over  $\frac{1}{4}$ ", then fold the edge over  $\frac{1}{4}$ " again. Insert the unfinished end of the tie approx.  $\frac{1}{2}$ " into the fold and topstitch the length of the side of the mask, reinforcing the ends where the ties are inserted.



## Assembly

- After the ties are sewn in, press all edges of the face mask.
- Finally, topstitch the top and bottom edges of the mask, very close to the outer edges, to help the mask retain its shape.



# THANK YOU!

**On behalf of our caregivers, our heartfelt thanks to you  
for sharing your talents with us!**

**If you need us to pick up your masks, please contact  
Cynthia Salisbury at**

**(806) 392-1385 or [salisburycm@covhs.org](mailto:salisburycm@covhs.org)**